

2022 RHODE ISLAND WORLD DIABETES DAY

November 14, 2022 | 8:00 AM -12:00 PM

Welcome! The Rhode Island World Diabetes Day Committee is proud to welcome you to a full morning of helpful, eye-opening, and inspirational presentations, discussions, and Q&A sessions. Whether you're a clinician, caretaker, or person living with diabetes, there are breakout sessions designed for you! We hope you enjoy learning while engaging with other members of your community.

8:00 - 11:30AM

RIWDD Exhibit Hall Open

9:00 - 9:10AM

Kickoff Rhode Island World Diabetes Day 2022

Presented by Barbara Morse, NBC 10 Anchor and Health Check Reporter



9:10 - 9:15 AM

Diabetes Update from the Rhode Island Department of Health

Presented by Megan Fallon-Sheridan, MS, RD and Nancy Sutton, MS, RD

9:15 - 9:45 AM

Keynote Speaker: Addressing Living with Diabetes

Presented by Ottis Anderson, Retired NFL Football Player in Partnership with Novo Nordisk

Ottis Anderson is a former professional running back who played in the NFL® from 1979 – 1993, named 1979 NFL® Offensive Rookie of the Year, winning two Super Bowls, and named MVP of Super Bowl® XXV. After retirement, Ottis still felt he was in shape, but his doctor had concerns over his blood sugar and weight. In 2014, Ottis was officially diagnosed with type 2 diabetes.

Ottis turned to his healthcare team for education and guidance, viewing his doctor as his “coach” and a trusted advisor in his ongoing diabetes management. Together, they created a management plan and discussed ways to incorporate healthier habits into his routine.

Ottis has partnered with Novo Nordisk, a global healthcare company dedicated to diabetes care, to raise awareness of the importance of proper diabetes management. He hopes to share his story to inspire others living with diabetes to learn about the tools and support they need to manage their health.

Since retirement, Ottis has also focused his efforts on giving back to others in need. He founded the OJ Anderson Scholarship Foundation in 2007 to help local students get a college education.



10:00 - 10:40 AM

SESSION 1: BREAKOUT ROOMS

- **Gestational Diabetes Tips for Patients** | Presented by Niherika Mehta, MD
- **The Diabetes Toolkit for Clinicians** | Presented by Susan Oliverio, MD
- **Type 1 Diabetes Information for Patients** | Presented by Lisa Swartz Topor, MD
- **Diabetes 101 for Patients** | Presented by April Silvestro, RN, CDCES, CDOE

10:45 - 11:25 AM

SESSION 2: BREAKOUT ROOMS

- **Gestational Diabetes Update for Clinicians** | Presented by Niherika Mehta, MD
- **Nutritional Cooking Demonstration** | Presented by Natalie Weisfeld, MS, RD, LDN, SNAP-Ed
- **Diabetes Technology: Meters and Continuous Glucose Monitoring for Patients, Caregivers, and Clinicians** | Presented by Alex Gianfrancesco, PharmD, CDOE, CVDOE
- **Diabetes and Pre-Diabetes Panel Discussion** | Presented by Elaine Piasecki, RD, LDN, CDOE and Lori Mollo, Lifestyle and Health Coach

11:30 - 11:40 AM

RIWDD "2022 Rhode to Wellness Challenge" Results

Presented by Jennifer Fine, RD, CDOE and Kelsea Tucker, MS

11:40 - 11:50 AM

Grace Diaz Blue Light Award

Presented by Representative Grace Diaz

11:55 AM -
12:00 PM

Closing Remarks

Presented by RIWDD Co-Chairs: Deborah Newell, RPh, CDOE, CVDOE and Megan Fallon-Sheridan, MS, RD

Scan to claim CME credit!

